## ***'F***GB'***Sharing remarkable NEW LIFE stories***

*A warm welcome to our November Dinner to hear our guest speaker*

***Ken Stallard***

*What do the Duke and Duchess of Windsor and the Kray Twins have in Common?  
Don't know?   
​Come and find out!*

**

***Monday 7th November 2016 at 7:30 p.m.***

### *The Skylark Hotel, Aviation Way, Southend-On-Sea, Essex, SS2 6UN  BUFFET MEAL WITH COFFEE/TEA only £12.00 Please let us know when booking if you have any special dietary requirements*

***A free meal to all coming for the first time***

***For more information or to book your dinners please ring***

Reg Smith on **01702 544468** or 0780 6506460**

*Or go to our website at fgbuk-southend.weebly.com*

*All our meetings are open to the general public* ***both men and women*** *and you can be assured of a warm welcome at any of our dinners. Newcomers especially welcome.*

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